

I.N.K. (Information, News & Knowledge)



RCARE- Reidsville Senior Center

Tax Assistance is Starting Now!



VITA Tax Assistance begins at RCARE on 1/28/26. Appointments are required and can be made by calling our main office telephone line. (336 349-1088). This program is available not only for seniors but lower income individuals as well. Taxes are completed virtually which means you will drop your information off with a trained staff person and then when your taxes are completed you will be contacted to pick them up. If you need to talk to the tax preparer it will be by telephone. Tax appointment times are Monday and Wednesdays 9:00 a.m.-1:00 p.m. and Thursdays 1:00 p.m.-4:30 p.m.

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February, 2026

Here is a list of the documents you will need to bring:

- Award letter from Social Security
- Drivers license
- Last year's return if possible
- Voided check for returns

Special points of interest:

- 2/9/26 10:00 a.m. Borderline Personality Class
- 2/13/26 11:30 a.m.—1:30 p.m. Valentine Social
- 2/19/26 1:00 Senior Bingo
- 2/20/26 10:00 Club Meeting
- 2/25/26 2:00 p.m. Avoiding a Mental Health Crisis



Inside this issue:

Corn Hole League Standings	2
Special Events	3
Just For Fun	4
Just For Fun	5
Calendar	6

SENIOR GAME APPLICATIONS ARE HERE!

Entry Deadline: March 31, 2026.

Games Begin with an Opening Celebration on April 14th, 2026.

Cornhole League Standings as of 1/30/26

<u>Player</u>	<u>Wins</u>	<u>Loses</u>
Patricia Nunley	22	0
Larry Johnson	21	1
June Underwood	20	2
Raymond Henderson	19	3
James Totten	19	3
Richard Reichl	17	5
Lea Presnell	14	8
Diane Motley	14	8
Perry Thomas	13	9
Larry Jones	13	9
Mary Martin	12	10
Bruce Needham	12	10
Faye Crawford	12	10
Lorraine French	11	11
Dennis Morgan	11	11
Sharon Vincent	11	11
Tommy Price	10	12
Mabel Powell	10	12
Gloria Gorham	10	12
Gretta Maxey	7	15
Brenda Price	7	15
Alice Anderson	7	15
Norman Clark	6	16
Maurice Gwynn	6	16
Ruth Williamson	5	17
Joyce Thomas	4	18
Robert Clark	3	19
James Leith	5	17
Geraldine Kimber	2	20
Jennie Mae Winchester	1	21

Special Events

Educational Seminars for Staff Members and Caregivers:

- ◆ 2/9/26 10:00 a.m. **Borderline Personality**
- ◆ 2/25/26 2:00 p.m. **Avoiding a Mental Health Crisis**

Senior Bingo—2/19/26 1:00 p.m. Cost: \$1.00

Weather Alert:

If you need to know if RCARE is open when we have bad weather, check our FACEBOOK site. We keep it updated as soon as possible. You can also see our latest newsletter and calendar as soon as they are available.

Cornhole League Participants– we will stay on schedule and make up the game that was missed due to the snow (1/27/26) at the end of the regular season.

Shuffleboard League Registration Begins-registration begins on 2/16/26. League games will probably be held on Tuesdays but the day is still pending at this time.



Rook Tournament: Wednesday, February 25th. Deadline to register is 2/20/26. Play will begin at 9:00 a.m. You will need a partner or we will try to find one for you. Minimum of 8 teams required or the tournament will be cancelled.

Happy Ninth Anniversary to
RCARE!!

2/14/17 is the date we opened .





MEDICARE ADVANTAGE OPEN ENROLLMENT PERIOD (JANUARY 1-March 31)

If you are in a Medicare Advantage plan, you can switch to another Medicare Advantage plan.

Disenroll from Medicare Advantage plan and return to Original Medicare and join a prescription drug plan.

If you enrolled in a Medicare Advantage Plan during your initial enrollment Period you can:

- **Change to another Medicare Advantage Plan or**
- **Go back to Original Medicare within the first 3 months you have Medicare.**

NOTICE:

If you or someone you know receives an energy bill they are not capable of paying due to the extremely cold temperatures, see one option that may be available below.

NC Winter Moratorium

A moratorium is a prohibition against disconnecting service to customers (during a designated time period) who meet eligibility requirements established by the North Carolina Utilities Commission.

North Carolina Moratorium Period – Nov. 1 through March 31 – five months

To qualify annually under the moratorium provision, a customer must establish ALL of the following:

- Someone in the customer's household must be either handicapped, elderly (65 or older) or both.
- Customer cannot pay his/her account in full or in installments to bring the account into balance within six months.
- The county Department of Social Services that administers the Energy Crisis Assistance Program has certified that the household is eligible to receive such assistance, regardless of availability of funds. (DSS will present the customer with a "Certification Utilities Moratorium" to be mailed to Duke Energy, 9700 David Taylor Drive, Charlotte, NC 28262-2363, if eligibility is met.) To request a copy of the form, please contact your local Department of Social Services office.



City of Reidsville

Primary Business Address

Address Line 2

Phone: 555-555-5555

Fax: 555-555-5555

Email: someone@example.com



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The mission for RCARE is to promote the importance of an active, healthy lifestyle by providing an assortment of social, educational and recreational activities.

Just For Fun...

For All Those Diet Resolutions, Here is a little humor to help you along.

- My goal for 2025 was to loose 10 pounds. I only have 14 more to go.
- I don't mean to brag, but I finished my 14 day diet food supply in 3 hours and 20 minutes.
- A recent study has found women who carry a little extra weight live longer than men who mention it.
- Ate salad for dinner. Mostly croutons and tomatoes. Really just one big round crouton covered with tomato sauce and

cheese, FINE, it was a pizza...

Ok, ate a pizza! Are you happy now?

"Lots of people want to ride with you in the limo, but what you want is someone who will take the bus with you when the limo breaks down."

Opray Winfrey

"It's the little details that are vital. Little things make big things happen."

John Wooden

A man tells his doctor, "Ever since you prescribed me those sleeping pills, I've finally been able to relax!"

The doctor says, "Glad to hear. And you're only taking 1 per night, right?"

Man replies, "Oh, I'm not taking them. I've been giving them to my wife."

