



JULY



| | Mon | Tue | Wed | Thu | Fri | |
|----|---|---|--|--|---|-----------|
| | RCARE /Reidsville Senior Center 336-349-1088 8:30 am -5:00pm Monday—Friday | | Fireworks @Reidsville Lake July 3rd 9:00  | Free Legal Aid  1-877-579-7562 for Appointment | Please remember to swipe your card and choose every activity you will be participating in while you are here. Thank you! | |
| | 1 9:00 BOOM Muscle 10-12 Art Class 10:30 Pickleball | 2 9:00 Crochet 10:00 Phase 10, Tai Chi, Pickleball 3-5 | 3 9:00 BOOM Move 10am Bible Study 10:30 Pickleball 1:00 ROOK / Quilting | 4  CLOSED | 5 10:30 Pickleball | 6 |
| 7 | 8 9:00 BOOM Muscle 10:00 Pop Up Craft Class 10-12 Art Class 10:30 Pickleball | 9 9:00 Crochet 10:00 Phase 10, Tai Chi, Elder Support Group Pickleball 3-5 | 10 9:00 BOOM Move 10:00 Bible Study 10:30 Pickleball 1:00 ROOK /Quilting 10:00 Workshop Acute Stress Disorder PTSD | 11 10:00 Chair 1:00 Carolina Girls Linedance Bridge 1-4 Pickleball 3-5 | 12 10:30 Pickleball | 13 |
| 14 | 15 9:00 BOOM Muscle 10-12 Art Class 10:30 Pickleball | 16 9:00 Crochet 10:00 Phase 10, Tai Chi, Pickleball 3-5 | 17 9:00 BOOM Move 10:00 Bible Study 10:30 Pickleball 1:00 ROOK/ Quilting | 18 10:00 Chair 1:00 BINGO \$ 1:00 Carolina Girl Bridge 1-4 Pickleball 3-5 | 19 10:00 Senior Citizen Club Meeting 10:30 Pickleball | 20 |
| 21 | 22 9:00 BOOM Muscle 10-12 Art Class 10:30 Pickleball | 23 9:00 Crochet 10:00 Phase 10, Tai Chi, Pickleball 3-5 | 24 9:00 BOOM Move 10:00 Bible Study 10:30 Pickleball 11:00 Produce Give Away 1:00 ROOK Quilting- Guest Speaker Samantha Reynolds | 25 10:00 Chair Class 1:00 Carolina Girls Linedance Bridge 1-4 Pickleball 3-5 | 26 10:30 Pickleball | 27 |
| 28 | 29 9:00 BOOM Muscle 10-12 Art Class 10:30 Pickleball | 30 9:00 Crochet 10:00 Phase 10, Tai Chi, Pickleball 3-5 | 31 9:00 BOOM Move 10:00 Bible Study 10:30 Pickleball 1:00 ROOK /Quilting |  NC DEPARTMENT OF INSURANCE SENIORS' HEALTH INSURANCE INFORMATION PROGRAM | 2024  | |